

**IN!**  
 Kitchen duty  
 (Kristin Davis)

# What's IN What's OUT

The blips and bloopers on our style radar



**OUT!**  
 Color block clothes  
 (Carmen Electra)

## IN

### Home Cooking

"To save money, people are indulging in fewer restaurant meals in favor of staying in and honing their kitchen skills. Sales of cookbooks are rising, as are cookware and pantry supplies."  
 —Ann Mack, director of trendspotting for the trend research firm JWTV

### Spiced Cocktails

"We're working with jalapeño, coriander and mint to create drinks that offer a new experience by combining taste and smell. It brings out the personality in each liquor."  
 —Jason Galardi, manager of the L.A. celebrity hot spot Palihouse Holloway



**IN!**  
 Spiced and spiked!



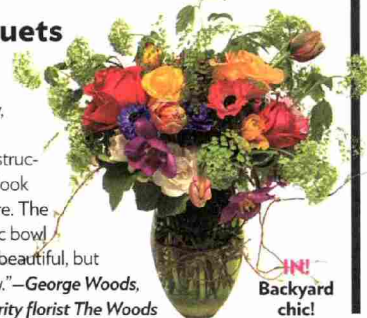
**IN!** Find pieces like this for \$20 on 20x200.com!

### Online Art Galleries

"Support artists directly and discover relatively affordable pieces at the same time! You can find open studios taking place at art schools in your area, or check out work from around the world at Web sites like saatchi-gallery.com."  
 —Bettina Korek, founder of the art organization ForYourArt

### Loose Bouquets

"Flower arrangements should look as nature intended: more variety, more breathing room, more personality, less structure. No one wants to look like a show-off anymore. The dense, monochromatic bowl of roses will always be beautiful, but it feels dated right now."  
 —George Woods, owner of the L.A. celebrity florist The Woods



**IN!**  
 Backyard chic!

## OUT

### Color Block Dresses

"Geometric, '60s-inspired graphic-print frocks are a thing of the past. If you want to look bold, go bohemian with an oversize ikat print! This trend is still great in smaller doses, though: Bathing suits and bags are going strong."  
 —Marissa Rubin, senior market editor, STYLEWATCH

### Velvet Ropes

"Networking is so key in this climate, but people want to go to casual, intimate spots where they can meet people and make contacts, not wait outside a velvet rope to speak to someone in a VIP area."  
 —Aaron Simpson, CEO of the concierge service Quintessentially.com



**OUT!**  
 VIP sections!

### Pet Yoga

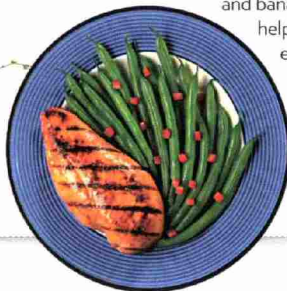
"This wellness trend has been replaced by acupuncture, aromatherapy and chiropractors as the latest ways to chill out your pets. Calmatives such as Dog Appeasing Pheromone and Rescue Remedy are big too."  
 —Andrea Arden, trainer, Animal Planet's Underdog to Wonderdog



**OUT!**  
 Doggy yogis

### No-Carb Diets

"Surprise, surprise! It turns out that starchy potatoes, legumes and bananas can fill you up and help you slim down. Healthy eaters are taking a balanced approach and eating good, energizing whole grains."  
 —Amanda Freeman, cofounder of the wellness newsletter VitalJuice.com



**OUT!** Zero carbs

CLOCKWISE FROM TOP RIGHT: JON KOPPEL/FILMMAGIC; JEFF TEE; MAGGIE DAVIE/GETTY IMAGES; JUDY PLOTCH/FOODPIX; CAROLINE SEBASTO; 2007/001A; JEN BEVAN/PROJECT; COURTESY BOCA/LOCA; SCOTT GIBBS/GETTY IMAGES

